



***Get a Mammogram Every 1 to 2 Years.  
It Can Save Your Life.***

Did you know that breast cancer is on the rise for women of Asian and Pacific Islander descent living in the United States? Yet Asian and Pacific Islander women over age 40 get mammograms less often than other groups of women in the U.S.

The National Cancer Institute (NCI)—the U.S. government agency that supports cancer research and education—recommends that women in their 40s and older get a mammogram every 1 to 2 years.

***Do it for Yourself, Do it for Your Family.***

Talk to your doctor about getting a mammogram. Or, for more information, contact NCI's Cancer Information Service at **1-800-4-CANCER** (1-800-422-6237), or visit the Web site at **<http://breasthealth.cancer.gov>**.



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CONSUMER PSAS-CAMERA READY



## *Finding Breast Cancer Early Can Save Your Life*

Breast cancer is on the rise for women of Asian and Pacific Islander descent living in the United States. Yet nearly half of all Asian and Pacific Islander women aged 40 and older have not had a mammogram in the past 2 years.

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Consumer 4.25"X7"

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Consumer 1.92"X6"

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Consumer 7.5"X2.5"



## New Asian-Language Brochures Promote Mammography

Breast cancer is on the rise for women of Asian and Pacific Islander descent living in the United States. Yet nearly half of all Asian and Pacific Islander women aged 40 and older have not had a mammogram in the past 2 years.

Help spread a healthy message about the importance of mammograms. Order a new, free brochure called **“Do It for Yourself, Do It for Your Family”** available in English, Chinese, Tagalog, and Vietnamese.

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Intermediaries 4.25”X7”

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